



KAZ COOKE
Author, Cartoonist & Broadcaster

Kaz Cooke is Australia's #1 trusted advisor for girls and women.

Her books have sustained two generations of Australian women with sensible advice, backed by expert medical and other consultants, delivered in a fun, friendly way. Award-winning and best-selling books include *Up The Duff (The Real Guide to Pregnancy)*, *Kidwrangling (Looking After Babies, Toddlers and Preschoolers)*, *Girl Stuff (Your Full-on Guide to the Teen Years)* and the big mama of them all, *Women's Stuff*.

In 2017, Kaz released the historical novel *Ada*, inspired by photos of real 1890s vaudevillians Kaz found during her fellowship with the State Library of Victoria. *Babies & Toddlers*, an update on *Kidwrangling*, will be released in 2018 and *Up The Duff* will turn 20 in 2019 with a brand new edition.

Kaz's work is also available in eBook and app form.

Kaz's career spans more than 30 years of journalism, writing columns, cartooning, radio shows, book publishing, public speaking and eating toast. She lives with her family in Melbourne.

Website: kazcooke.com.au has examples of Kaz's audio work and more information on books, cartoons and other palaver.

Instagram: [reallykazcooke](https://www.instagram.com/reallykazcooke)

Twitter: [reallykazcooke](https://twitter.com/reallykazcooke)

Tumblr: Fellowfrockery.tumblr.com (Began during State Library fellowship 2013-14.)

Facebook: [Official Kaz Cooke](https://www.facebook.com/OfficialKazCooke)

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