



Creative Representation Pty Ltd  
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## MESHEL LAURIE

Meshel Laurie is a stand-up comedian of over 20 years' experience, a radio and television broadcaster, writer and corporate speaker.

Meshel currently co-hosts the KIIS breakfast show in Melbourne with Matt Tilley, broadcasting weekdays from 6-9am.

Meshel is a panelist on TEN's *The Project* on Friday nights. Other television credits include hosting *ABC's Stand Up!*, co-hosting Ten's *This Week Live* and regular guest appearances on shows such as *Rove Live*, *The Glass House*, *Can of Worms*, *Spicks and Specks*, *Good News Week*, *The Circle* and *Adam Hills: In Gordon Street Tonight*.

In 2013 Meshel released her first book, a memoir titled *The Fence-Painting Fortnight of Destiny*. A bit of a memoir and an insider's perspective on the 1990s comedy scene, the workings of an inner-city brothel, what it's like to be 'the girl on Rove' and also how fence-painting can help save a life. Meshel released her second book, *Buddhism For Breakups*, in February 2017. It follows Meshel's personal story and how Buddhism can be a roadmap for navigating the fear, loneliness and grief of a broken heart. Later this year Meshel will release her third book, *Buddhism For The Unbelievably Busy*.

Meshel regularly writes columns and articles for The Age and Sydney Morning Herald. She presents the *Nitty Gritty Committee* podcast, where she chats with former prison inmates, the homeless, transgender activists, homicide cops, famous people and non-famous (but amazing) people. Meshel also presents the *Australian True Crime* podcast with Emily Webb – a podcast where they speak to victims, family members, investigators and perpetrators to unearth the true stories behind Australia's most chilling, gruesome and infamous crimes.

Meshel is proudly an official ambassador for His Holiness the 14<sup>th</sup> Dalai Lama in Australia, and for Reconciliation Australia.

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