



KAZ COOKE

Author, Cartoonist & Broadcaster

Kaz Cooke is one of Australia's most loved bestselling authors.

Her books have sustained two generations of Australians with sensible advice, backed by expert medical and other consultants, delivered in a fun, friendly way. Award-winning and best-selling books *include Up The Duff (The Real Guide to Pregnancy), Babies & Toddlers, Girl Stuff 8-12, and Girl Stuff (Your Full-on Guide to the Teen Years)*, and *You're Doing It Wrong: A History of Bad & Bonkers Advice to Women*. Her latest book *It's The Menopause*, was released in October 2023.

She has extensive experience in radio and public speaking, and a special affinity with girls and women.

Website: kazcooke.com.au has examples of Kaz's audio work and more information on books, cartoons and other palaver.

Instagram: [reallykazcooke](https://www.instagram.com/reallykazcooke)

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Facebook: [Official Kaz Cooke](https://www.facebook.com/OfficialKazCooke)

Tumblr: Fellowfrockery.tumblr.com (A State Library fellowship project)

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