



MYF WARHURST

Myf Warhurst is a broadcaster, presenter, writer, and all-round pop culture queen, best loved as team captain on ABC's much-adored music quiz show **Spicks & Specks**. With one of Australia's most recognisable voices, she also moonlights as Aunt Trixie on **Bluey**, instantly delighting kids and parents alike.

Her career kicked off at Triple J, where she quickly became a favourite, before helping launch Double J and presenting everything from daily national arts programs to quirky specials. Along the way, she's worked across commercial radio, proving there's no airwave she can't conquer. For years, Myf beamed into loungerooms as Australia's **Eurovision** commentator (alongside Joel Creasey), adding sparkle and wit to the world's campest contest. She was also co-pilot of the beloved podcast **Bang On** with Zan Rowe.

Never one to sit still, Myf has fronted documentaries (**Back Roads, Myf Warhurst's Nice**), toured Australia as The Narrator in **The Rocky Horror Show** and even braved the jungle on **I'm A Celebrity...Get Me Out Of Here!** - becoming the first woman in South Africa to bungee jump out of a helicopter (not entirely willingly).

In 2022, she released her memoir **Time of My Life** - a funny, heartfelt trip through music, memory, and mischief.

Myf now fronts her own cultural critique podcast, **The Moment**.

Her second book, **Middle Rage** - part confessional, part manifesto on navigating midlife with humour and honesty—was released in August 2026.