



ZAN ROWE

AWARDS

NEW YORK FESTIVALS RADIO AWARD Silver Winner – Music Podcasts, *Take 5* (2022)

AUSTRALIAN PODCAST AWARDS Bronze Winner – Best Radio Podcast, *Take 5* (2021) & Gold Winner – Best Radio Podcast, *Take 5* (2020)

RADIO

DOUBLE J RADIO – Host, Mornings, 2018-Current

ABC RADIO MELBOURNE – Regular Guest, Afternoons with Jacinta Parsons, 2020-Current

ABC RADIO SYDNEY – Regular Critic, Driver with Richard Glover, 2012-Current

TRIPLE J RADIO – Host, Mornings, 2006-2017

TRIPLE J RADIO – Host, Weekend Lunch, 2005-2006

3RRR FM – Transit Lounge, Host (Monday Drive), 2002-2004

3RRR FM – Summer Breakfasters with Sam Pang, 2002

SRA/SYN FM – Host of various music programs, 1996-2002

TELEVISION

THE COOK UP

Guest SBS 2023

ABC NYE BROADCAST

Host ABC TV 2017-Current

ABC NEWS BREAKFAST

Weekly Music Correspondent ABC TV 2012-Current

TAKE 5 WITH ZAN ROWE

Host/Creator/Producer ABC TV 2022

SPICKS & SPECKS (Series 12)

Guest ABC TV 2022

ABC 90 CELEBRATE!

Host ABC TV 2022

GARDENING AUSTRALIA

Guest ABC TV 2022

THE SOUND

Host ABC TV 2020-2021

7.30: GENDER INEQUALITY IN AUSTRALIAN MUSIC

Producer/Journalist ABC TV 2020

7.30: THE AVALANCHES FEATURE INTERVIEW

Producer/Journalist ABC TV 2020

THE PROJECT

Music Commentator Network TEN 2016-2020

THE MIX

Feature Interviewer ABC TV 2015-2019

TROPFEST

Host ABC TV 2018

Creative Representation Pty Ltd.

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SCREEN TIME

Panelist	ABC TV 2017
THE CRITICS	
Host	ABC TV 2015-2016
RAGE	
Co-Host	ABC TV 2009
TRIPLE J TV	
Regular Host	ABC TV 2006-2009

PODCASTS

TAKE 5 WITH ZAN ROWE

Host/Creator/Producer 2017-Current

BANG ON WITH ZAN ROWE & MYF WARHURST

Co-Host/Producer 2017-Current

WRITING

ABC NEWS ONLINE	National Music Correspondent 2018-Current
BETTER THAN SEX ANTHOLOGY	Essayist, Hardie Grant 2016
WOMEN OF LETTERS	Contributor Penguin 2015
TRIPLE J MAGAZINE	Features Writer 2005-2013

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