



## ZAN ROWE

Zan Rowe is a broadcaster, TV presenter, music journalist, and podcaster. She currently hosts **Friday Mornings** show on Double J, featuring the flagship segment, podcast, and now TV series **Take 5**. Zan is Double J's National Music Correspondent, and co-hosts the weekly pop culture podcast **Bang On**, with Myf Warhurst.

Zan's love of radio began early, as a volunteer DJ at Melbourne's SRA FM in 1996, then a member of the SYN FM executive team in 2001 as the station was granted a full-time licence. Moving from SYN FM to 3RRR FM, Zan scored a dream gig hosting the Monday drive-time show **Transit Lounge** from 2002-04, while also working as Breakfasters/Talks Producer. At the same time she was finishing her Media Studies degree and DJ-ing around town, then Zan decided to start pulling all-nighters too, hosting mid-dawn shifts on triple j in 2005. These instant coffee fuelled evenings would be the start of a wonderful adventure.

In 2006, Zan accepted a role at triple j, initially hosting **Weekend Lunch** before quickly moving into the **triple j Mornings** slot until 2017. Here, Zan became part of the fabric of the national youth network, soundtracking the lives of generations of Australians, and creating the Take 5 co-host.

Joining forces with long-time work and life mate Myf Warhurst, Zan kicked off the Bang On podcast in 2017; a weekly wrap of "music, art, life, and stuff" which has grown to millions of downloads, sold out live shows, and a beloved community of "Bang Fam".

In 2018 Zan graduated to triple j's "big sister" station Double J, to host a new **Mornings** show, and staged the first ever Take 5 live event with Ice Cube at the Sydney Opera House. Since then, Take 5 has travelled to Hobart for Dark Mofo with Warren Ellis, and to Shepparton with hometown hero Briggs.

Across more than 16 years of hosting Mornings, Zan has spoken with everyone from Bjork to Damon Albarn, David Byrne, Janelle Monae, Nick Cave, Kylie Minogue, Tom Waits, and Paul McCartney, and is known as one of Australia's best interviewers.

In 2022, **Take 5 with Zan Rowe** evolved again, premiering to great acclaim and high ratings, on primetime ABC TV. Series one featured Guy Pearce, Keith Urban, Missy Higgins, Tony Armstrong, and Tori Amos. Series two is in production.

Zan is the co-host of the annual **ABC New Year's Eve** broadcast, TV's highest-rating show of the year, alongside Charlie Pickering. In 2022 she hosted ABC's live birthday celebrations with Craig Reucassel and Tony Armstrong for **ABC 90: Celebrate!** In 2023 Zan hosted **ABC Classic 100 in Concert** with Jeremy Fernandez, Genevieve Lang, and the MSO.

Zan was a regular feature interviewer on ABC Arts program **The Mix** from 2015-2019. In 2018 Zan co-hosted the live **Tropfest** TV broadcast with Susie Youssef, explored her love of film and screen culture as a panellist on ABC TV's **Screen Time** in 2017, and hosted ABC iView series **The Critics** in 2015-16.

She has co-hosted **The Sound** on ABC TV, been a panellist on **Spicks and Specks**, and has appeared on Channel Ten's **The Project**. In 2023, she appeared with Adam Liaw on SBS TV's **The Cook Up**.

As ABC National Music Correspondent, Zan can be seen talking music news and analysis every week on **ABC News Breakfast**, and across ABC TV, digital and radio. She has produced and presented features for **7:30** and **ABC 7pm News** on gender inequality, the National Indigenous Music Awards, and The Avalanches.

Zan has covered music conferences and festivals across Australia, and in Texas, Oslo, New York, London, and Hamburg. Her writing has been published in the anthologies “Better Than Sex”, and “Women of Letters”.

Zan was the first ever Australian jury member for the ANCHOR Award at Hamburg’s Reeperbahn Festival in 2019, alongside Bowie’s producer Tony Visconti, Metallica’s producer Bob Rock, musician/actor Kate Nash, and musician/icon Peaches. In 2018, Zan was part of the official Australian Jury for the Eurovision Song Contest, chaired by Richard Wilkins.

Zan has hosted events and “in conversations” for Vivid Live, Sydney Festival, TEDx, City of Sydney, Big Sound, All About Women, Sydney Writers Festival, The School of Life, Adelaide Festival, Universal Pictures, Harper Collins, Think Inc, Art Gallery of NSW, Illuminate Adelaide, The Wheeler Centre, The Australian Chamber Orchestra, Melbourne Symphony Orchestra and Melbourne Film Festival.

When Zan isn’t sharing her opinions on radio and tv, she’s sharing her passions on Twitter and Instagram, and can often be found in a dark theatre eating popcorn for dinner, MC-ing awards nights, or listening to audiobooks while gardening.

***“Rowe radiates warmth, knows her field intimately and clearly has a passion for it.”*** Debi Enker, SMH The Guide / The Age Green Guide

***“Zan is a master interviewer... This is beautiful television do not miss it.”*** Clare Rigden, West Australian

***“Zan Rowe is as much a fellow aficionado as an interviewer, as she deftly engages the celebrity guests.”*** Craig Matheson, SMH The Guide / The Age Green Guide

***“On Take 5, her skill as an empathetic interviewer comes through. She is a safe pair of hands — no gimmicks, no gotchas — and it’s why she has become one of Australia’s top music journalists. Not that she’ll admit it, but she is a classic quiet achiever.”*** Louise Rugendyke – SMH / The Age